



# "Rainy Day" OH&S Training Sessions

The following sessions can be conducted for supervisory personnel and employee OHS representatives at short notice.

Topic	Brief Description	Duration
<b>OHS and the Law</b>	OHS Act 2000. OHS Regulation 2001. Case study a recent prosecution.	2 hours
<b>Motivation</b>	Motivation exercise – What motivates employees?	1 hour
<b>Consultation</b>	Legislative requirements. Role of employee OHS representatives and the OHS committee. Importance of toolbox meetings.	1 hour
<b>Risk Assessment</b>	Legislative requirements for risk assessment. How to conduct a risk assessment.	2 hours
<b>Accident Investigation</b>	How to investigate accidents in the workplace. Case study an accident investigation.	2 hours
<b>Hazard Inspection</b>	Hazard identification - how to conduct a hazard inspection of a typical construction worksite.	1 hour
<b>Discipline and Counselling</b>	The discipline interview.	1 hour
<b>Manual Handling</b>	How your back works. How to plan and execute manual handling, including manual handling risk assessment.	2 hour
<b>OHS Quiz</b>	An OHS quiz – a fun way to brush up on your OHS knowledge.	1 hour

<b>Hazardous Substance – an introduction</b>	Dangerous goods identification. Conducting a hazardous substance risk assessment.	1 hour
<b>Hearing Conservation</b>	What are the effects of noise? How it is measured and controlled.	1 hour
<b>Introduction to Liability Risk Management</b>	Common law versus statute law. How to reduce the risk of common law claim.	1 hour
<b>One Moment Please</b>	Video: Para Olympic athletes talk about their injuries at work. Discussion of the movie.	1 hour
<b>Total cost of risk</b>	What do workplace injuries really cost? Identify these costs.	1 hour
<b>What's your risk profile?</b>	Are you a risk taker? The difference between speculative risks and workplace risk taking.	1 hour
<b>Training and Supervision</b>	What are the responsibilities of a supervisor?	1 hour